

community mental health support services assists people managing a mental illness to:

- find and maintain a stable home
- live independently in the community
- overcome barriers to work or study
- socialise and enjoy recreation and leisure activities.

community mental health support services

7-9 john street, lilydale 3140 vic

t 9735 7900 f 9739 4733 e info@each.com.au

day programs

camha (yarra junction) 5967 2816

halcyon (ferntree gully) 9758 8508

lifeworks (ringwood) 9879 4699

rivendell (healesville) 5962 2388

home-based outreach support

crest maroondah and knox 9879 2557

crest (shire of yarra ranges) 9735 7900

rivendell (healesville) 5962 2388

outreach support

reachout 9735 7900

phams

- lilydale 9735 7900

- ringwood 9259 4100

- knox 9887 4499

activities in the community

day to day living in the community

- lilydale 9735 7900

- healesville 5962 2388

- ringwood 9879 4699

65+ (lifeworks) 9879 4699

hospital discharge

shades 9735 7900

carer support

copes 9879 4699

each

partners in building healthy communities

main office

46 warrandyte road ringwood 3134 vic

t 03 9871 1800 f 03 9870 4688

info@each.com.au each.com.au

community mental health support services



community mental health support services

we will work with you in your journey to achieve the results you want.

support, activities and community participation

The Day to Day Living in the Community (D2DL) program supports people to participate in social, recreational, personal development, educational and pre vocational programs and activities within the community.

For more information contact:

Lilydale office	9735 7900
Healesville office	5962 2388
Ringwood office	9879 4699

The outreach Personal Helpers and Mentors (PHaMS) program assists people to overcome social isolation and increase their participation in the community.

For more information contact:

Lilydale office	9735 7900
Ringwood office	9259 4100
Knox office	9887 4499

The 65+ Lifeworks program provides social and recreational groups with links into the community and support at home for people over 65 years of age with a psychiatric disability who live in Maroondah and Knox and the adjoining areas of the Shire of Yarra Ranges.

For more information phone 9879 4699.

support for carers

The COPES program provides peer support and information to carers who have a relative or friend admitted to hospital with a mental illness.

For more information phone 9879 4699.

rehabilitation and support day programs

The day programs at Healesville, Ferntree Gully, Ringwood and Yarra Junction provide:

- individual and personal plans
- recreation and development groups
- community access in participating in programs and activities in the community
- peer support and informal socialising in a supported environment in the centre or in the community

For further information contact:

Rivendell (Healesville)	5962 2388
Halycon (Ferntree Gully)	9758 8508
Lifeworks (Ringwood)	9879 4699
CAMHA (Yarra Junction)	5967 2816

living independently: housing and support

The CREST program and the Rivendell program at Healesville offers home-based support to people managing the impact of a mental illness who live in Knox, Maroondah and the Shire of Yarra Ranges.

The Reachout program provides an intensive outreach service for people who are experiencing the impact of a mental illness, have complex needs, and are homeless or at risk of becoming homeless.

The SHADES program assists people with a mental illness to maintain their existing accommodation on admission to hospital or to access other accommodation on discharge.