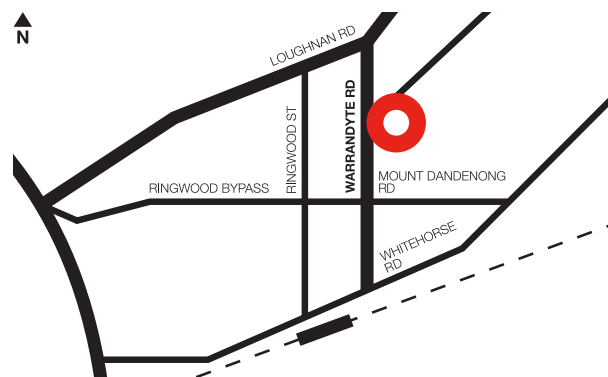


each youth & family provides assistance to young people who experience risks to their health and wellbeing, and disconnection from family and community relationships.

Services are provided to children, young people, parents and carers. These often take the form of individual counselling, family counselling, therapeutic groups, or community development activities.

EACH Youth and Family is a FREE, CONFIDENTIAL and NON-JUDGEMENTAL service. We treat all people equally regardless of ethnic origin, religion, gender identity, levels of ability, sexual orientation, appearance and financial status.

The each youth & family team is based at the main office in Ringwood and provides services to the outer eastern region of Melbourne.



For further information contact:

youth clinic
early intervention & counselling
bushfire counselling team **03 9871 1802**

reconnect wilderness
whitehorse child, youth & family **03 8878 3800**

each
social and community health

main office
46 warrandyte road ringwood vic 3134
t 1300 00 EACH (1300 00 3224)
f 03 9870 4688
e info@each.com.au each.com.au

jan 2014

each youth & family



youth clinic

Youth Clinic is a free, friendly and confidential health service for young people aged 12 to 25 years. Young people can see a nurse or doctor about a broad range of health-related issues, included general health concerns, sexual health, feeling down or just not feeling good, without knowing why.

Opening Hours:

Monday	By appointment
Tuesday	3:00 - 5:00 pm
Wednesday	10:00 - 4:00 pm
Thursday	2:00 - 5:00 pm
Friday	2:00 - 4:00 pm

For more information call 03 9871 1802.

reconnect wilderness

Reconnect Wilderness is a statewide program that provides a wilderness experience for young people who are at risk of homelessness and who are experiencing family difficulties. The Wilderness experience provides a catalyst for change and self reflection for young people aged 14-18. Individual wilderness journeys are designed and run in conjunction with another agency that is already engaged in providing support to the young people. Holistic support and follow-up for young people and their families is provided in order to capitalise on the wilderness experience.

For more information call 03 8878 3800.

footholds to the future

Footholds gives young people at the edge of the community the chance to make links with and connect to their local community through a range of activities. Footholds operates within a strong framework of youth participation, with young people actively influencing the content and direction of the program.

For more information call 03 8878 3800.

For Intake enquiries for the following programs please contact

e youthandfamilyvic@each.com.au

t 03 9871 1802

1300 00 EACH (1300 00 3224)

bushfire counselling team

The Bushfire Youth Counselling Team provides free counselling to young people aged 10-26 years who live now or were living in the areas affected by the 2009 bushfires. This includes youth more indirectly affected by the fires (e.g. evacuated at the time). It is recognised that this community was already vulnerable before the fires (e.g. remote location and fewer services) and that trauma responses continue. The counselling offered is flexible, with the opportunity to work individually or with groups or families. In addition, some outreach work to schools and community locations is possible.

early intervention & counselling

The Early Intervention and Counselling Team helps children, young people and their families through individual, family and group support. These services are especially targeted to young people who are at risk of homelessness or experiencing problems related to family conflict, changes in family structure, or other disengagement from family and/or community.

whitehorse child, youth & family

Whitehorse child, youth and family provides assistance to people who live, work or have significant connections to the City of Whitehorse who may be experiencing disconnection from family and community relationships. These services often take the form of individual counselling, family counselling, therapeutic groups, or community development activities.

