

How to contact us

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Map data: Google, Bluesky

EACH Social Activity Groups



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social and community health
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EACH Social Activity Groups offer the opportunity for older people to continue to be active within the community.

The groups provide social and recreational activities in a supported and inclusive environment.

Staff will plan daily activities with the participants based on people's interests as well as their needs. These may include celebrating community events, gentle physical exercises, reminiscing activities, music, guest speakers and creative art.

What is the Home and Community Care (HACC) Program?

HACC provides basic support to people living at home. The HACC program helps people to:

- Stay living at home
- Be connected to their community
- Support carers and families.

What do we do

- Provide social programs for aged and frail people
- The service can provide assistance to arrange transport to and from the centre. This should be discussed with the coordinator of the service
- Provide carers with a short break from their caring responsibilities
- Provide support and information to carers
- Maintain community involvement for clients
- Deliver person-centred care focusing on each individual and maintaining their abilities.

Who can use the service

- The service is available for participants over 65 years of age
- Over 50 years of age for Aboriginal and Torres Strait Islander peoples.

Costs

We ask for a contribution towards the service. There may be a small cost for some outings. For further information please ring **1300 00 EACH (1300 00 3224)**.