

media release



Mental Health & AOD services strengthened in Melbourne's South East

Event: EACH launches Mental Health and AOD services in Melbourne's South East.

When: Wednesday 29 July 2015 from 2.30pm.

Where: Suite 5, 66 Victor Crescent Narre Warren VIC 3805.

EACH's long history of providing Community Mental Health and AOD services across the Outer East of Melbourne is being extended to the South East, with the launch of a new site in Narre Warren.

EACH was selected to expand its services under the Community Mental Health and Alcohol & Drug sector re-commissioning announced by the Victorian Government last year. Mental Health Community Support Services (**MHCSS**) and Substance Use Recovery (**SURe**) will be available at the new site.

EACH's **MHCSS** and **AOD Recovery** provides a tailored approach to meet the individual support needs of participants, families and carers based on need and circumstance. The programs support individual's participation in their own recovery and encourage them to regain their place as involved members in the community.

SURe will also offer services in Cranbourne, operating as a consortium comprising of EACH and Anglicare Victoria with a service model that is inclusive of families, trauma informed and recovery oriented.

The South East catchment has been identified as a growth corridor with increasing needs for services. In the next 10 years, the population of the City of Cardinia is projected to grow by 60% and the City of Casey by 26%. This catchment includes a range of socio-economic indicators that points to sub-populations of disadvantage which will require targeted responses.

"Alcohol and drug use are often co-occurring conditions along with mental health, trauma, gambling, poor physical health, crime and poor quality of life. The sites will provide individualised outreach services to consumers, assisting with their recovery journey," said Peter Ruzyla CEO of EACH.

EACH MHCSS Recovery offers a centralised Intake and Assessment system to enable easy access and the capacity to capture people's recovery journey simply and efficiently. Consumers can access the **MHCSS Recovery** Centralised Intake Service on 1300 785 358.

EACH anticipates a strong turnout from the local community and health services for the launch on Wednesday 29 July 2015 at Suite 5, 66 Victor Crescent Narre Warren VIC 3805 from 2.30pm. Light refreshments will be provided, please RSVP to Tracey Sinclair at Tracey.Sinclair@each.com.au. For more information about the event or for media opportunities please contact Lisa Gort, Area Manager - Recovery South East on 03 8781 9501 or Lisa.Gort@each.com.au.

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